HE UNITED STATES PATENT AND TRADEMARK OFFICE

09/802,835

Confirmation No. 8027

Applicant Filed

Andrew P. Lull March 8, 2001

TC/Art Unit

3764

Examiner

Amerson, Lori Baker

Docket No.

10031.00

Customer No.

20686

For

ADJUSTABLE-LOAD UNITARY MULTI-POSITION

BENCH EXERCISE UNIT

Commissioner for Patents P. O. Box 1450 Alexandria, VA 22313-1450

AMENDMENT AND RESPONSE TO OFFICE ACTION

An Office Action was received in the above-referenced matter on August 6, 2003. This Amendment and Response is being filed on January 28, 2004 with a petition for a three month extension of time for response, making this Amendment and Response due on or before February 6, 2004. Please amend the above-identified application as follows:

Amendments to the Claims begin on page 2.

Remarks/Arguments begin on page 11 of this paper.

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TECHNOLOGY CENTER H3700

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01 FC:1253

950.00 OP

02/04/2004 WASFAW1 00000028 09802835

02 FC:1202

72.00 DP